



# **GENERAL C&CR UPDATE**

**2021-22**

# AGENDA

- UIL Information
- Sport Specific
- Coaching Reminders
- Rules & Regulations
- Miscellaneous Information



**Director of Athletics:  
Dr. Susan Elza**



**Associate Athletic  
Director: Brian Polk**



**Assistant Athletic  
Director: Joseph  
Garmon**



**Assistant Athletic  
Director: AJ  
Martinez**



**Assistant Athletic  
Director:  
Brandy Belk**

# LEAGUE GOVERNANCE

- **Legislative Council** – Rule making body, 32 superintendents, all regions, all conferences represented.
- **State Executive Committee (SEC)** – 12 school administrators appointed by the Commissioner of Education.
- **Waiver Review Board** – 12 person committee, reviews decisions of the UIL Waiver Officer on appeals.
- **District Executive Committee (DEC)** – Consists of ONE voting member per school in a given UIL District.





2021-2022

# UIL Changes and Amendments:

- **Section 1204 – Officials Pay**- Portal- to-portal travel reimbursement removes the last mileage range (91-120.9 miles) initiating travel reimbursement at 91 miles in place of the original 121 miles.





- **Assault of an Official - 33.081 E-1 of the Texas Education Code** – As a result of HB 2721 becoming state law, a **participant** who assaults an official will be suspended from participation for a minimum of two years.
- **Section 1207 Rules, Violations and Penalties**– More clearly reflects the authority of the DEC and the SEC to suspend a **school or team** when a member of that team commits an assault on a sports official.
- **Spectator Policies** – Schools shall develop policies for preventing any spectator who commits assault of a sports participant, inclusive of officials, from attending future events in activities sanctioned by the UIL.



- **1A Basketball** – A referendum ballot for 1A basketball will be sent to 1A superintendents regarding the addition of a fourth qualifier for post season in girls and boys basketball. If the ballot passes, this change will be effective for 2021-22.
- **Softball/Baseball Practice dates** – Softball and baseball practice dates will be a date set forth on the UIL calendar and will be two weeks prior to the first scrimmage.
- **Broadcast of UIL Events** – Webcasts for football, streamed over the internet and in accordance with UIL Broadcast Guidelines will be allowed by mutual agreement. Other live telecasts including over-the-air television broadcasts will still be prohibited.





## Homeschool Participation/House Bill 547 – State law that allows for homeschool students to participate in UIL activities.

- Responsibility of the school district to allow, must notify UIL and DEC by August 1<sup>st</sup> (Varsity Participation)
- Must live within attendance zone, no option for waiver
- If public school allows must participate with public school, cannot go to Charter first
- Not eligible if they drop out from public into homeschool
- Homeschool student that has moved within previous 12 months **REQUIRES** DEC Hearing
- Must only compete in UIL
- A home schooled student shall participate in no more than one athletic class period per school day, not to exceed 60 minutes per day.
- Must turn in grades during the same time frame the school district has grade checks
- Realignment process is still being evaluated





# UIL Staff Study Items from Legislative Council:

- A proposal to modify the available playing options in post season baseball.
- A proposal to add a 3rd division/conference in swimming and diving



A photograph of a coach on a football field. The coach is wearing a red jacket and a headset with a microphone. He has an open-mouthed expression, suggesting he is shouting or giving instructions. In the background, several football players in white jerseys with red numbers are visible. The image is semi-transparent, allowing the text to be overlaid clearly.

# **A FEW MORE UIL UPDATES:**

- **Tournaments are back** - For all sports, there will be no limit on the number of schools who may participate in a meet or tournament
- **Spectator Capacity** – Determined by each school district
- **NIL (Name, Image, and Likeness)** – UIL will release information concerning NIL soon.
- **Water Polo** – Water polo will be 6A pilot of the 22-23 school year
- **PAPF** – New PAPF released on before August 1<sup>st</sup>
- **Realignment/Reclassification** – Snapshot this October





# AD's & COACHES REMINDERS

The background of the slide features a faded image of two female tennis players on a court. They are both wearing white athletic attire, including tank tops and skirts. The player on the left has a yellow bow in her hair. They are shaking hands in a gesture of sportsmanship. The player on the right is holding a blue tennis racket. The court surface and a portion of the net are visible in the foreground.

1. KNOW YOUR RULES
2. YEARLY REQUIRED TRAINING
3. EDUCATE/LEAD YOUR STAFF

*"I didn't know what the outcome would be but I committed to the purpose."*

UPDATE FROM 2020-21

# 2021-2022 COACHES REMINDERS

- **Coaches Certification Program (CCP)** – Coaches are required to have all CCP courses done by the start of their first practice or the start of school, whichever comes first.
- **Summer Regulations** – Monday-Friday, S&C plus 90 minutes of sport specific instruction, not to exceed 60 minutes in any one sport.
- **Strength & Conditioning During School Year** – Allows for 60 minutes of S&C outside the school day for sports that are in off-season. This time may be used all year. No sport specific instruction is allowed during this time.
- **Checklists** - Checklists for every sport have been created. All links are live and will take you right to the information you are looking for. Checklists are on each sports manual page.
- **Live streaming** – Rules did not change for broadcasting in any sport, except football, in the 20-21 school year. During the regular season, live streaming is permitted by mutual agreement of the two schools. During the postseason, the NFHS owns the rights to all games so a request form must be submitted and approved in order to be able to livestream a postseason contest.



UPDATE FROM 2020-21

2021-2022:

# UIL CHECKLISTS



## UIL Coaches Checklist Basketball 2021-22


	CHECKLIST	REFERENCE	COMPLETION DATE
✓	<b>PRE-SEASON</b>		
	Register/update profile in the UIL Portal	<a href="#">UIL Portal</a>	Prior to 1 <sup>st</sup> Practice
	Print and review Basketball Manual	<a href="#">Basketball Manual</a>	Prior to 1 <sup>st</sup> Practice
	Update Coach name in MaxPreps	<a href="#">MaxPreps</a>	Beginning of school year
	UIL yearly coaching requirements (CCP & TEC) (manual, p. 12)	<a href="#">Coaching Requirements</a>	Prior to 1 <sup>st</sup> Practice
	Student participation required forms. Keep on file. (manual, p. 14)	<a href="#">Athletic Forms</a>	Prior to 1 <sup>st</sup> Practice
	Varsity participation required forms. Keep on file. (manual, p. 14)	<a href="#">Athletic Forms</a>	Prior to 1 <sup>st</sup> Practice
	Review rules regarding eligibility for athletic contests (manual, p. 13)	<a href="#">C&amp;CR Sec. 400 &amp; 403</a>	Prior to 1 <sup>st</sup> Practice
	Review Basketball Plan (manual, p. 10)	<a href="#">Basketball Plan</a>	Prior to 1 <sup>st</sup> Practice
	Review UIL rule changes (manual, p. 7)	<a href="#">UIL Rule Changes</a>	Prior to 1 <sup>st</sup> Practice
	Review NFHS rule change (manual, p. 9)	<a href="#">NFHS</a>	Prior to 1 <sup>st</sup> Practice
	Complete PAPFs and file with UIL Office • Apply/Complete any necessary Waivers and file with UIL	<a href="#">PAPF Process</a> <a href="#">Waiver Information</a>	Prior to 1 <sup>st</sup> Practice
	Submit Varsity Team Eligibility Form to district chair (UIL Portal)	<a href="#">UIL Portal</a>	Prior to 1 <sup>st</sup> Contest
✓	<b>REGULAR SEASON</b>		
	First day of practice		Girls: October 20 Boys: October 27
	First day for interschool scrimmages		Girls: October 30 Boys: November 6
	First day for playing interschool games		Girls: November 5 Boys: November 12
	Update schedule and record in MaxPreps	<a href="#">MaxPreps</a>	Ongoing
✓	<b>POST-SEASON</b>		
	Print and review Basketball Post Season Packet	<a href="#">Post Season Packet</a>	

- Checklists for every sport have been created. All links are live and will take you right to the information you are looking for.
- Will be on manual page.
- Let us know if there is more you would like to see on these checklists.



# UPDATE FROM 2020-21 2021-2022:





# UIL CHECKLISTS

 **UIL Athletic Directors Checklist**  
2021-22

CHECKLIST	REFERENCE LINK	COMPLETION DATE
<input checked="" type="checkbox"/> <b>PRE-SEASON</b>		
Register/update athletic director profile and/or coaches profiles in UIL Portal	<a href="#">UIL Portal</a>	Prior to start of practice/school start
Best Practices in Tackling Certification (ATAVUS) Information (Football Coaches Only)	<a href="#">ATAVUS Procedures</a>	Prior to August 2nd
UIL yearly coaching requirements (CCP & TEC) (manual, p.28)	<a href="#">Coaching Requirements</a>	Prior to 1 <sup>st</sup> Practice/school start
Print/Bookmark and review Athletic Director manual/sport specific manuals	Athletic Director Manual	Prior to August 2nd
Send coaches sport manuals/checklist links		Prior to August 2nd/school start
Remind coaches to update Coach's Name in MaxPreps (enter schedules/rosters)	<a href="#">MaxPreps</a>	Beginning of school year
Student participation required forms. Keep on file. (manual, p. 30)	<a href="#">Athletic Forms</a>	Prior to 1 <sup>st</sup> Practice
Varsity participation required forms. Keep on file. (manual, p. 30)	<a href="#">Athletic Forms</a>	Prior to 1 <sup>st</sup> Practice
Review rules regarding eligibility for athletic contests (manual, p.29)	<a href="#">C&amp;CR Sec. 400 &amp; 403</a>	Prior to 1 <sup>st</sup> Practice
Review UIL Rule Changes (manual, p. 7)	<a href="#">UIL Rule Changes</a>	Prior to 1 <sup>st</sup> Practice
Review Fall Practice Regulations (manual, p.35)	<a href="#">Fall Practice Regulations</a>	Prior to 1 <sup>st</sup> Practice
Complete PAPFs and file with UIL Office • Apply/Complete any necessary Waivers and file with UIL	<a href="#">PAPF Process</a> <a href="#">Waiver Information</a>	Prior to 1st Practice
Submit Varsity Team Eligibility Form to district chair (UIL Portal)	<a href="#">UIL Portal</a>	Prior to 1 <sup>st</sup> Contest
<input checked="" type="checkbox"/> <b>REGULAR SEASON START DATES</b>		
Football, Volleyball, Cross Country, Team Tennis	August 3	
Girls' Basketball	October 20	
Boys' Basketball	October 27	
Wrestling, Swim/Dive		
Soccer	November 29	
Softball	January 21	
Baseball	January 28	
Golf, Tennis, Track		
Update schedule and record on MaxPreps	<a href="#">MaxPreps</a>	Ongoing

- Checklists for AD's have been created. All links are live and will take you right to the information you are looking for.
- Will be on manual page.
- Let us know if there is more you would like to see on these checklists.

# KNOW THE RULES

- Make sure you have a sport rule book (  ,  ,  ) 
- Playing rules are not UIL rules, know the difference between playing rules and UIL eligibility and policy rules.
- Make sure you have the appropriate playing rules book for your sport and know new rules each year.
- Download and / or print your SPORT MANUAL
  - Manuals include C&CR sport plan language, sport playing rule changes, UIL rule changes and they are updated annually.
- Download or bookmark the Side by Side Manual
  - Will answer questions about no-pass / no-play, eligibility

and more.



# OFFICIAL BALL OF THE



## Volleyball



### VB5

- Select Japanese Leather Cover with 2-Ply Soft Cloth Lining for superior shape retention.
- V-Seam Construction
- 13 Color Options Available

Item Number > 72-1358

## Soccer



### SC5

- Thermal Bonded Panel Technology
- Top Grade Performance Composite Cover
- Cloth-reinforced Bladder

Item Number > 64-8678



### TF-1000 Legacy

- Exclusive Microfiber Composite Leather Cover for Advanced Moisture Management.
- Foam Backing for soft feel and deeper channels
- Blended Butyl bladder for enhanced air retention
- 100% Nylon winding material for best shape retention and durability.
- Ultra durable carcass construction for institution use.

Item Numbers > 76-2258 Full size 76-2268 28.5

## Baseball

### Game Ball



### Pro NEHS

- Premium Full Grain Leather Cover
- Grey and White wool windings
- Raised seams for improved grip and control

### Practice Ball



### 100 NEHS

- Full Grain Leather Cover
- Cushion Cork Center
- Raised seams for improved grip and control

## Softball



### Thunder Heat

- Cover: Leather
- Center: Poly
- Specs: 12", .47 COR, 375 lbs Compression

Item Number > 43-147



# COACHES EDUCATION AND TRAINING REQUIREMENTS

## STATE LAW

- **CPR and First Aid Training** – must have a current certification filed with the district
- **AED Training** – must have a current certification filed with the district
- **Safety Training** – training provided by UIL (CCP) program, and must be completed prior to any contact with students
- **Concussion Training** – training must be completed annually (2 hours every other year/1 hour annually)



# COACHES EDUCATION AND TRAINING: UIL REQUIREMENTS

- UIL Professional Acknowledgement Form– On file with the district (C&CR 1202(j))
- Coaches Certification Program (CCP)– online / in-person training (C&CR 1208(i))
  - Constitution & Contest Rules
  - Ethics
  - UIL Steroid Education
  - Safety Training (state law)
  - Concussion Training (state law)
  - Sport Specific Training – each sport has a separate module
  - Football Coaches ONLY – Best Practices in Tackling certification
  - First Year Coaches ONLY - Fundamentals of Coaching in Texas (C&CR 1202 (L))
  - Safety/Risk Minimization for Cheerleading Coaches – local district determines the provider for training, and training must be completed prior to any student contact

# STUDENT PARTICIPATION REQUIRED FORMS

- Pre Participation Physical Examination Form
- Medical History Form
- Rules Acknowledgment Form
- Parent or Guardian Permit
- Parent/Student Anabolic Steroid Use and Random Steroid Testing Form
- Concussion Acknowledgement Form
- Sudden Cardiac Arrest Awareness Form





# PRACTICE & GAME REGULATIONS

- Practice – In and outside the school year being in-session
  - Team sports
  - Individual sports
- Games
  - Season Limits
  - School Week vs Calendar Week
  - HS vs JH



# PRACTICE REGULATIONS IN-SEASON

## Team & Individual Sports

### School is In-Session

- **Eight Hour Rule** – Practice outside the school day, from the beginning of the school week through the end of the school week (excluding holidays), is limited to a maximum of eight hours per school week per activity
- The in-school athletic period does not count towards the allotted 8 hours
- Any time used in connection with a practice that is not part of the athletic period counts as part of the 8 hours. (Dress, video/meetings, etc.)



# PRACTICE REGULATIONS IN-SEASON

## Team Sports

### School is NOT In-Session

- Maximum length of a single practice is 3 hours
- When two practices will happen in a day, a minimum of a 2 hour break must happen between the two practices
- If two practices happen, the total of both practices must not exceed 5 hours



# COACHING RESTRICTIONS OUT OF SEASON

## Team Sports

### **SUMMER:**

- Strength & Conditioning – two hours a day, Monday-Friday
- Sport specific skill Instruction – students can only attend 90 minutes of skill instruction per day total; no more than 60 minutes allowed per day in a given sport

### **SCHOOL YEAR:**

- Athletic period – 300 minutes per week
- Strength & Conditioning – 60 minutes per day outside the school day, Monday-Friday. Limited to one session/day



# PRACTICE REGULATIONS

## Individual Sports – In-season or off-season

### School is NOT In-Session

- Maximum length of a single practice is 3 hours
- When two practices will happen in a day, a minimum of a 2 hour break must happen between the two practices
- If two practices happen, the total of both practices must not exceed 5 hours



# COACHING RESTRICTIONS OUT OF SEASON

## Individual Sports

### **SUMMER:**

- Allowed (see previous slide)

### **SCHOOL YEAR:**

- Athletic period – 300 minutes per week
- 8-hours outside the school day
- If coaching student in non-school capacity as well, both the school practice and the non-school practice cannot exceed 8-hours

# UIL CONTEST REGULATIONS

- **High School** – one contest per school week:
  - See specific sport for calendar week limits.
  - Per activity - per student
- **Junior High** – see specific sport for week limits

## DIFFERENCE BETWEEN CALENDAR AND SCHOOL WEEK

- **Calendar Week**: 12:01 am Sunday to Midnight Saturday
- **School Week**: 12:01 on 1<sup>st</sup> instructional day of the week to close of instruction on the last instructional day of the week



# GENERAL REGULATIONS FOR JUNIOR HIGH

- **Scheduling**: No game, contest, scrimmage or tournament, including district competition, shall begin prior to the end of the academic school day for all participants
- **No Post-District Competition**: There shall be no post-season playoffs or competition in any athletic event.







# UNELIGIBILITY

# ELIGIBILITY SUB-VARSITY AND JUNIOR HIGH

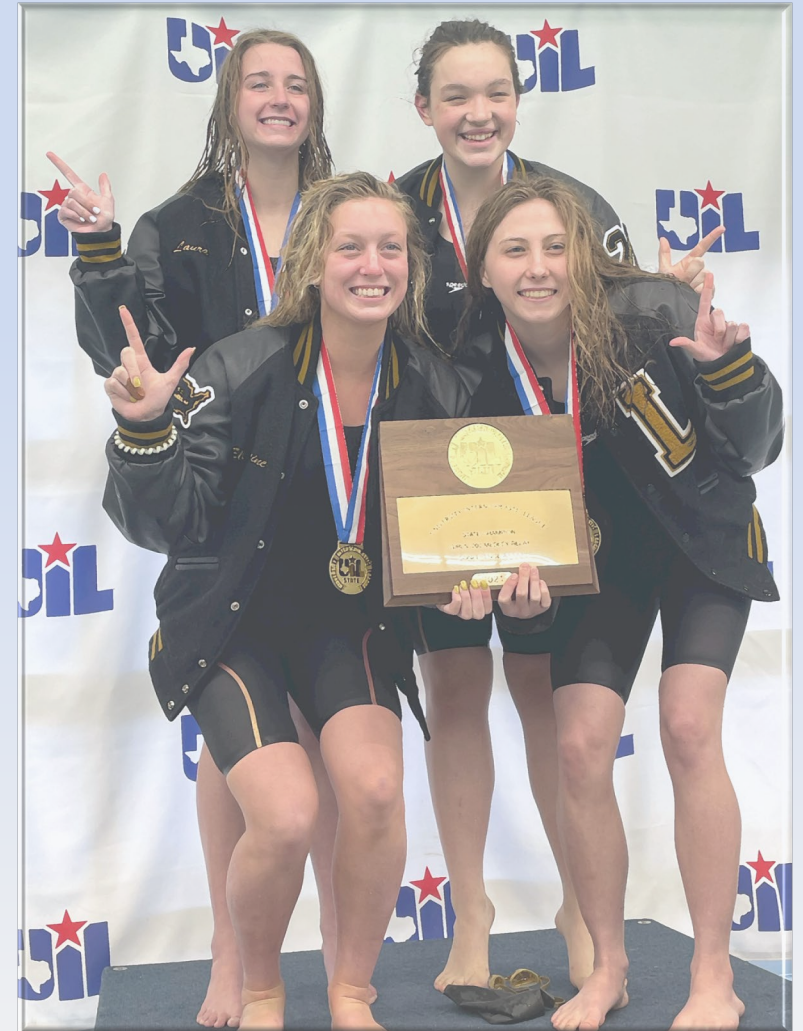
An individual is eligible to participate if...

## Sub-Varsity Eligibility

- Full time student
- Academically eligible

## Junior High Eligibility

- Full time student
- Academically eligible
- Age appropriate for JH athletic competition





# ELIGIBILITY: VARSITY ATHLETICS

- Meets all requirements of Section 400 & 403
- Is an amateur
- Meets Parent Residence Rule
- Meets the Age Rule
- Has not changed schools for athletic purposes
- Previous Athletic Participation Form

# ELIGIBILITY: PAPF (Previous Athletic Participation Form)

- *Required for All **NEW** students in grades 9-12 who have:*
- **Required** if a student practiced or participated with a former school in grades 8-12 in any UIL athletic activity.
- **New school must verify that the student meets the parent residence rule.**
- **District Executive Committee** must determine that student did not move for athletic purposes and approve PAPF before a student is eligible to participate at the **varsity** level at the new school
- Submitted to the UIL office.

***\*\*A PAPF does not have to be 'filed' in the  
before a student can participate, it only  
the DEC.\*\****





A photograph of three men in blue suits sitting in bleachers. The man on the left is wearing a white face mask and a yellow bow tie, holding a clipboard and a pen. The man in the middle is also wearing a white face mask and a yellow tie, with his hand to his chin. The man on the right is wearing a white and green striped face mask and a blue tie. A large, semi-transparent text box is overlaid on the center of the image, containing the text 'FAQ'S, LINKS & CONTACTS'.

# FAQ'S, LINKS & CONTACTS

# HELPFUL LINKS UIL WEBSITE

- [Constitution & Contest Rules \(C&CR\)](#)
- [TEA – UIL Side-by-side](#)
- [Athletic Rules \(Section 1200 through 1210 C&CR\)](#)
- [Rules Violations and Penalties \(Section 1207 C&CR\)](#)
- [Booster Club Guidelines](#)
- [Summer Strength and Conditioning Regulations](#)
- [Non-School Participation Regulations](#)





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